

I. COURSE DESCRIPTION:

In this course the learner will continue to develop a holistic approach to nursing. A variety of approaches to learning will be utilized and critical thinking strategies will be emphasized as the learner explores the care of individuals, families and groups experiencing common chronic physical and mental health challenges requiring rehabilitative, restorative and palliative care.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Describe the impact of illness, grief, loss, death and dying on the client.

Potential Elements of the Performance:

- Demonstrate an understanding of the effects of anxiety on an individual's self-concept and on cognitive, affective, motivational and behaviour patterns.
 - Utilize knowledge of the grieving process to plan care for the client.
2. Explore attitudes towards mental health and clients experiencing mental health challenges.
 3. Utilize critical thinking strategies when planning nursing care of clients experiencing or predisposed to a common chronic physical or mental health challenge.

Potential Elements of the Performance:

- Assess and describe using a framework (ie Gordon's Functional Health Patterns/Systems Approach):
 - Risk factors
 - Safety issues
 - Stage of illness
 - Type of chronic health challenge
 - Mental health challenge
 - Rehabilitative
 - Palliative
 - Terminal illness
 - Anxiety level
 - Client perception of illness
 - Client perception of impact of illness and proposed treatment
 - Client stressors
 - financial, psychological, social, emotional, spiritual
 - Knowledge base
 - Cultural background
 - Values and beliefs
 - Developmental stage
 - Lifestyle
 - Co-existing conditions
 - Medications

- Plan Goals/Interventions:
 - Based on client assessment
 - Collaboratively with client
 - Integrating knowledge of pathophysiology, principles of teaching and learning, mediations, diagnostic tests and medical interventions when planning client care
 - Based on cultural background, values and beliefs, developmental stage and lifestyle.

- 4. Identify caring strategies, to promote coping by the client with chronic or mental health challenge, including enabling death with dignity.

Potential Elements of the Performance:

- Listen to client concerns
 - Identify advocacy issues and follow up as required/requested by client
 - Plan and implement nursing interventions collaboratively with client
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5. Utilize problem solving skills to reassess and evaluate client progress toward goal achievement and evaluate client success toward meeting physical, psychological, social, and emotional outcomes.

III. TOPICS:

The content will be studied under the following concepts:

An individual/family experiencing:

- Chronic illness (physical/mental)
 - Rehabilitative/Restorative Care
 - Terminal illness
 - Palliative Care
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1. Chronic Illness
 2. Cancer/Oncology
 3. Death and Dying / End of Life Care
 4. Psychiatric Disorders
 5. Cardiovascular Disorders
 6. Respiratory Disorders
 7. Neurological Disorders
 8. Cognitive Disorders
 9. Musculoskeletal Disorders
 10. Genitourinary Disorders
 11. Gastrointestinal Disorders
 12. Endocrine Disorders
 13. Immunological / Hematological Disorders

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Lewis, S. M., Heitkemper, M. M., Dirksen, S. R., O'Brien, P. G., & Bucher, L. (2010). *Medical-surgical nursing in Canada: Assessment and management of clinical problems* (M. A. Barry, S. Goldsworthy & D. Goodridge Canadian Eds.) (2nd ed.). Toronto, ON: Elsevier Mosby.

Additional texts from semesters 1 and 2.

Sault College LMS

V. EVALUATION PROCESS/GRADING SYSTEM:

The pass mark for this course is 60%. The course mark is composed of 2 tests. There will be no supplemental testing.

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| 1. Test #1 | 50% |
| 2. Test #2 | 50% |

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

NOTE:

Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

A minimum of a “C” grade is required to be successful in all PNG coded courses.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

LMS/Blackboard Site:

This course’s LMS/Blackboard site, its features, and its contents are for the exclusive use of Practical Nursing students registered in this section of this course. The information contained herein is privileged and confidential. Any unauthorized use, dissemination, or copying is strictly prohibited.

Cell Phones:

Cell phones must be turned off during class time and on test days.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.